

BETTER MEALS.



BETTER YOU.

Hello friends,

I am excited to let you know about a new partnership I have with a company and product that can help you achieve optimal results from your fitness activities and improved health. Even better is that with my partnership you are able to get special discounts on their meals! I have tried them myself and can say with confidence the food is surprisingly delicious and very nutritious.

Factor 75 (www.factor75.com) takes care of planning, preparing and delivering delicious, nutrient-packed meals based on the latest research about nutrition: that 75 percent of your fitness results come from what you eat! Factor 75 is not a diet, but rather about eating to enhance quality of life and free up your valuable time. Their meals are designed to deliver a perfect balance of nutrition and taste to enhance mind and body performance.

How it works



- Go to their website: www.factor75.com
- Select your meals and enter my code (**Moirai**) at checkout to receive 10% off your first purchase
- Have them deliver it to you at your home or office, delivery is FREE anywhere in the city of Chicago!
- There is a \$15 delivery charge to the suburbs that we anticipate will be free in the beginning of 2014

It's that easy. Let me know if you have any questions. I look forward to your feedback. If you are interested in seeing what their customers are saying, or read their recent press write-ups, click any of the links below.



Below is some additional info for your review, I am very excited to offer this service to you all and

look forward to helping you continue to improve your health and fitness!